

COPE Activity/Goal Assessment Chart

Activity	Leadership	Problem Solving	Communication	Self-Esteem	Trust	Decision Making	Teamwork
The Tangled Knot	X	X	X			X	X
All Aboard	X	X	X			X	X
The Monster		X	X			X	
Trolley		X	X				X
Frantic		X	X				X
Inventor's Machine	X	X	X			X	X
Punctured Drum	X	X	X				X
Height Alignment	X	X	X			X	X
Traffic Jam	X	X	X			X	X
Carabiner Walk	X		X				X
The Blind Square	X	X	X				X
Log Pull	X		X				X
Artesian Beams	X	X	X			X	X
Porthole		X				X	X
Wild Woosey			X	X	X		
Nitro Crossing	X	X	X	X		X	X
The Beam	X	X	X	X	X	X	X
Swinging Log		X	X	X	X		X
Tire on Pole	X	X	X		X		X
Meat Grinder	X	X	X	X	X	X	X
The Wall	X	X	X	X	X	X	X
Tunnel of Love	X		X	X		X	X
Slack Wire				X			
Criss Crotch			X	X	X		
Swinging Log			X	X	X		X
Trust Fall			X	X	X		
Hickory Jump				X	X		
Fidget Ladder		X		X	X		
Tire Traverse		X		X			X
Cargo Net			X	X	X		
High-course Events	X	X	X	X	X		
The Ultimate Challenge	X	X	X	X	X	X	X